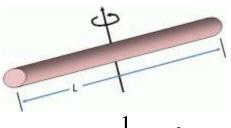
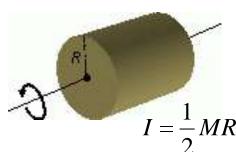
Thin rod thru centre

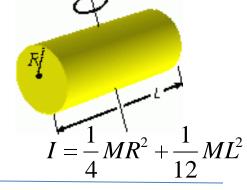


$$I = \frac{1}{12}ML^2$$

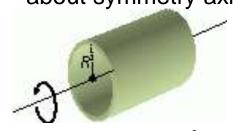
Solid disk or cylinder about symmetry axis



Solid disk or cylinder about perpendicular bisector

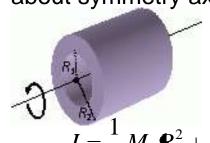


Thin ring or hollow cylinder about symmetry axis



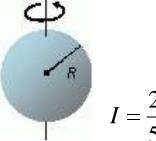
$$I = MR^2$$

Thick ring or cylinder about symmetry axis



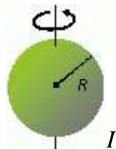
$$I = \frac{1}{4}M R_1^2 + R_2^2$$

Solid sphere about diameter



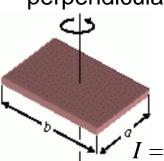
$$I = \frac{2}{5}MR^2$$

Hollow sphere about diameter

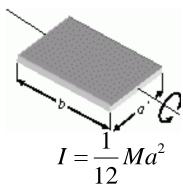


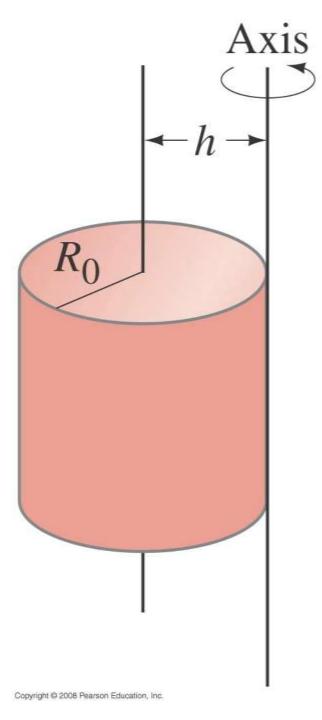
$$I = \frac{3}{5}MR^2$$

Flat plate about perpendicular axis



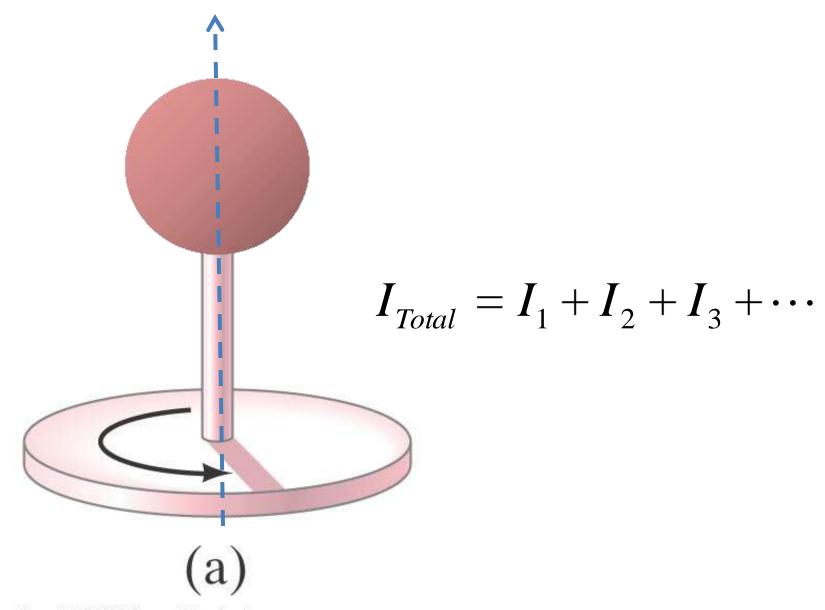
Flat plate about central axis



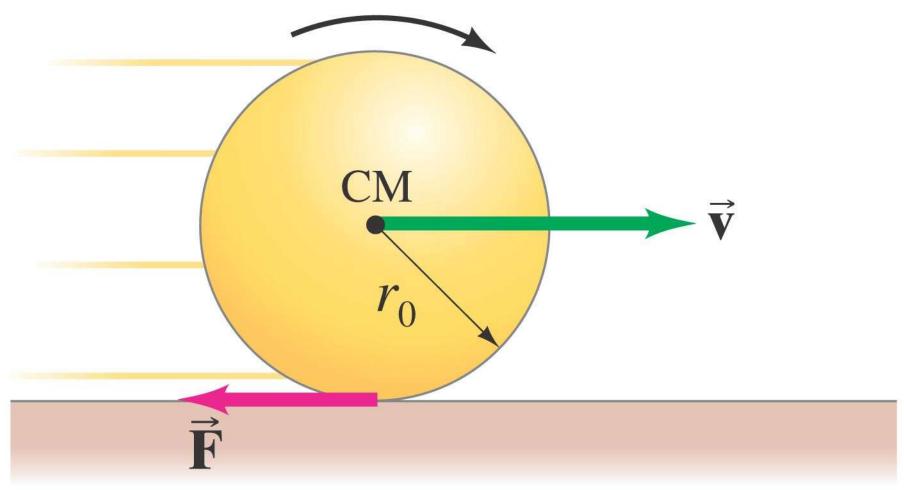


Parallel Axis Theorem

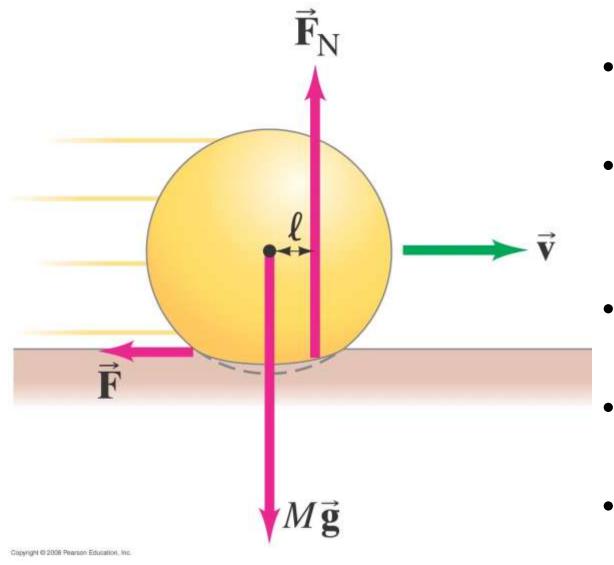
$$I_B = I_{CM} + Mh^2$$



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- Real Surfaces deform slightly
- Reaction force leads to resistive force/torque
- Called Rolling Friction
- Very small for steel on steel
- Big for tires (lot's of deformation)



Decompose at joints Need mass of each section Dimensions of each piece Need location of CM for each section (x_{CM}, y_{CM}, z_{CM}) Need location of Mofl for each section (I_x, I_y, I_z)